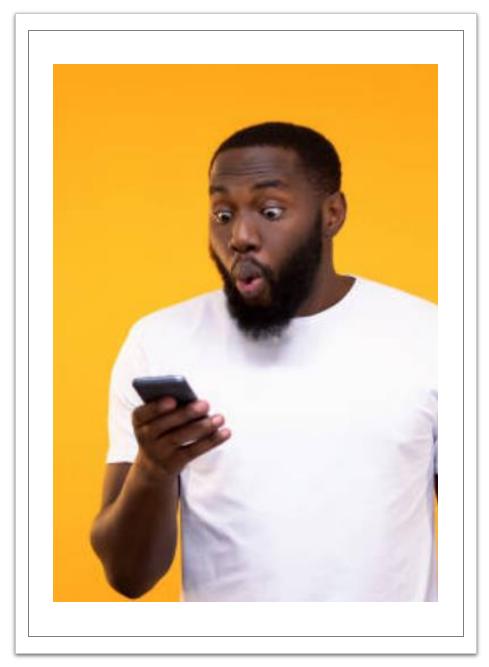


Enhancing the Way We Collaborate, Care and Conquer Disparities in the Healthcare Ecosystem

The Wins of Change – Breakthrough to Excellence OHIT Digital Health Summit

Melissa Clarke, MD November 18, 2024



What if your cell phone could only connect you to family? family and friends? people on the same network?



Health Information Exchanges (HIEs)



The seamless and secure exchange of electronic health information across healthcare settings.



Goal: to enable timely access to health data, improve care coordination, and reduce duplication of services.

Trusted Exchange Framework and Common Agreement (TEFCA)



The United States nationwide network of networks for health information sharing created by the U.S. Department of Health & Human Services Assistant Secretary for Technology Policy (ASTP) to remove barriers for sharing health records electronically among healthcare providers, patients, public health agencies and payers.

The Way We Collaborate, Care and Conquer



Quick Access to Patient Data: Immediate access to comprehensive patient histories, lab results, medications and imaging.

How can data exchange impact the way we collaborate?



Improved Workflow Efficiency: Reduces time-consuming data entry and paper-based records.

Payer Prior Authorizations: Faster turnaround times for insurance authorizations



Supports Team-Based Care: Easier to coordinate with specialists, primary care, and allied health professionals.

Emergency Department and Community Clinics HIE **Problem**: Uncoordinated care and oversuse of the Emergency Department for low income and Medicaid patients in Orange County, CA

Solution: Collaboration to connect EDs (22) and community clinics (14)

- Make medical record available at POC (labs, scripts, ED visits, diagnoses, claims based outpt hx, hospitalizations
- Community clinics accept referrals from EDs

Outcomes: 5% less ED utilization; less duplicate prescriptions (\$600/pp/yr); less testing (\$130/pp/yr)

Prescription Drug Monitoring

Problem: Opioid and other prescription drug abuse and diversion

Solution: Collaborate via the Presciption Drug Monitoring Program

- Reported by controlled substance dispensers, including pharmacies and healthcare practitioners
- Data is securely stored
- Available at point of care in emergency departments to inform prescribing decisions
- Data sharing with 31 states and the military health system

Outcomes: 6-12% year over year decrease in prescribing of controlled substances



The Way We Collaborate, Care, and Conquer



More time for patient care: reduces administrative burden and streamlines tasks, enabling more time for patient care.

How can it impact the way we care?



Enhanced Decision-Making:

Access to up-to-date patient data supports informed clinical decisions.



Improved Patient Safety:

minimizes diagnostic errors, reduces medication errors, and enhances emergency care.

The Way We Collaborate, Care, and Conquer



Reduces Duplication of Tests: Prevents unnecessary testing by providing access to prior test results.

How can it impact the way our patients experience care?



Removes burden on the patient: Since providers have the data they need instantly – less filling out forms, removes the need for recall



More coordinated care: Fewer studies and lab draws, fewer doctor visits



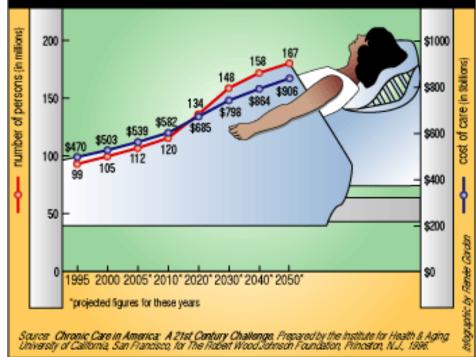
Maryland Back to School Example:

Immunization records for back to school

- Immunization records are sent to the state government for public health reporting.
- Just in time for back to school parents can access their child's immunization records through the Maryland Department of Health's (MD) MyIR.net web portal or the MyIR Mobile app
- This can help reduce over- and undervaccination

Rising Costs: 21st century challenge

- Healthcare costs are 17% of GDP, rising facter than the growth of the econmovy
- 10% of all individuals are responsible for 65% of the costs
- Almost 40% of ED use & 10% -17% of inpatient hospitalization costs are estimated to be preventable**
- Physicians can drive transformation



Chronic Medical Conditions and Costs for Care on the Rise

Accountability – the new healthcare paradigm

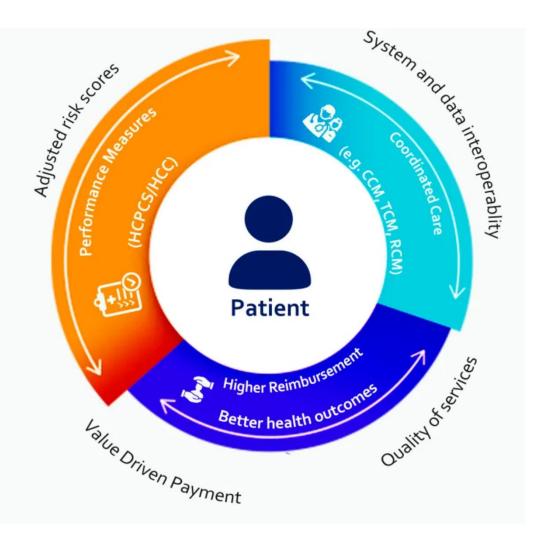
<u>Accountability</u> for health outcomes leads providers to have to think holistically about factors that affect a patient's success with treatment

What is Population Health?

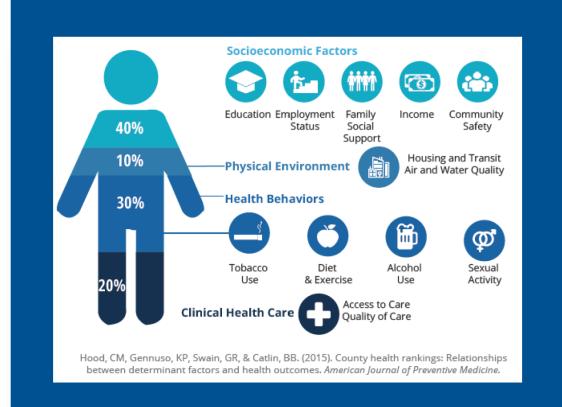
- Population health is the framework to identify and assess the collective health <u>outcomes</u> of a group of individuals
- Population Health Management
 - Collect Data Get a comprehensive clinical picture of your population using analytic tools that aggregate patient data from multiple inputs
 - Identify Care Gaps Proactively assesses the care needs of individuals in your patient population
 - Close Care Gaps Deploy programs and resources to improve both clinical & financial outcomes.
 - Use Metrics Use measures of success to improve program and system performance
 - Track Outcomes Gather and report on outcomes data for accountability

Value Based Care (VBC)

Value-based healthcare is a healthcare model that focuses on improving patient outcomes and the quality of care while also keeping costs down. In this model, healthcare providers are paid based on the results they deliver for patients, such as the quality, equity, and cost of care.

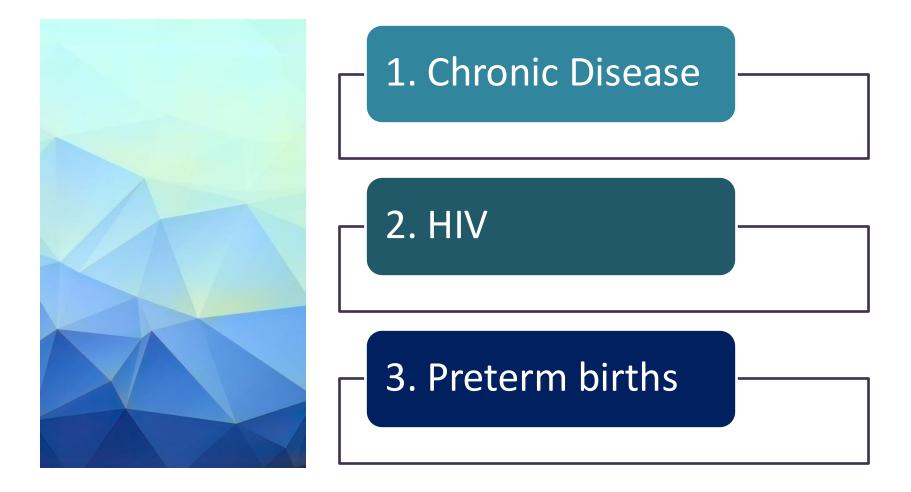


Factors outside clinical care have the greatest impact on health



Together, social drivers of health and bias in healthcare account for most health disparities and inequities

Key Health Disparities in the U.S. Virgin Islands



The Way We Collaborate, Care and Conquer

How can data exchange impact health outcomes and conquer health disparities?

Value Based Care –

- pay for outcomes
- solving for health equity



Improves transitions of care: Allows providers to view the accurate real time patient data, improving care transitions and reducing readmission rates



Population Health Management: identify at risk populations to support interventions



Chronic Disease Management: Continuous access to records supports better management of chronic illnesses.



Social care connectivity:

Connecting healthcare and community-based organizations for ease of referrals

Example Using HIEs to predict ED revisits

- HIE data found to be the best predictor of return visits to the Emergency Department
- Demographics, social drivers, chronic disease burden



Vest, Ben-Assuli, International Journal of Medical Informatics, Volume 129,2019, 205-210.

Moving Forward: Improving How We Care, Collaborate and Conquer



Promote health and wellness for individuals, populations, and communities





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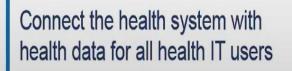
Enhance the delivery and experience of care for patients, caregivers, health care providers,ⁱⁱⁱ public health professionals, and others in the health care continuum





Accelerate research and innovation through the collaborative efforts of researchers, technology developers, and other health IT users







Conclusion

